



# Daily Gratutiudes

Today I'm grateful for:



---

---

---

---

---

---

---

Positive affirmations:

I am . . .

---

---

Something I'm proud of:

---

---

more of this:

---

---

---

---

---

a happy doodle:

---

---

---

---

---

My favorite moment of the day:

---

---

---